

# Lightly Treading Community Newsletter

January 2010



## January's Green Fact:

Did you know that toxic chemicals in household [cleaners](#) are three times more likely to cause cancer than air pollution? Did you know that more than 7 million accidental poisonings occur each year, with more than 75% involving children under age 6? Did you know that women who work at home have a 54% higher death rate from cancer than those who work away from home? The 15-year study concluded it was a direct result of higher exposure rate to toxic chemicals in common household products. Read More from [Associated Content](#)

Source: "How Dangerous Are Household Cleaners?" – Associated Content March 23, 2006

## January Announcements and Resources

### Boulder County has launched the ClimateSmart Loan Program for Commercial Properties!

The application is available online at [ClimateSmartLoanProgram.org](http://ClimateSmartLoanProgram.org).

- Applications are tentatively due on March 15th, 2010.
- View the ClimateSmart Loan Program for Commercial Properties [eligible measures list](#) online.
- Attend a ClimateSmart Loan Program for Commercial Properties informational workshop:
  - Thursday, Jan 21st 8:00am-9:00am in Boulder  
Third floor of the Boulder County Courthouse 1325 Pearl Street Boulder CO 80302
  - Friday, Jan. 22nd 3:30pm-4:30pm in Longmont  
Longmont Civic Center 350 Kimbark St. Longmont CO 80501

If you have any questions or want more information, please visit [ClimateSmartLoanProgram.org](http://ClimateSmartLoanProgram.org) or call 303-441-4565.

### CO Detectors.

A couple is thankful to be alive and credit a carbon monoxide detector for saving their lives. The alarm their carbon monoxide detector woke them up. It warned them to evacuate immediately... [Read more](#)

### New NREL Web Site Helps Campuses Go Green

The U.S. Department of Energy's National Renewable Energy Laboratory and Cornell University have launched a Web site to help campus-based institutions develop clean energy and carbon-reduction strategies. The Web site, Climate Neutral Research Campuses, is available at [http://www.nrel.gov/applying\\_technologies/climate\\_neutral/](http://www.nrel.gov/applying_technologies/climate_neutral/)

Research campuses consume more energy per square foot than most facilities. Laboratories and data centers run at all hours, using power-hungry equipment and cooling and ventilation systems to ensure high-quality scientific results and meet health and safety regulations. But they also have greater opportunities to reduce energy consumption, implement renewable energy, and reduce greenhouse gas emissions.

The [Sustainable NREL Program](#) institutionalizes sustainability at NREL's Campus of the Future and makes NREL a global model for sustainability, including some of the world's most energy-efficient laboratories and office buildings.

## Upcoming Community Events

[Efficiency First](#) – Upcoming meetings dates are found below. Please contact Alex (303-733-3078 x308) at Lightly Treading for location and time details as the dates approach.

Red Rocks Community College – January 28, 2010

Boulder – February 25, 2010

CSU/Ft. Collins – March 25, 2010

Mines – April 29, 2010

**Bringing Copenhagen Home:** Reflections on Last Month's United Nations Climate Change Conference & What It Means to Boulder County  
Hosted by the Center for ReSource Conservation

Monday, January 18, 2010; 7:00pm- 8:30pm  
West Senior Center, 909 Arapahoe, Boulder  
Panel Discussion with Special Guests, followed by Q&A

### **How to Build an Efficient & High Performance House: Green, LEED, ENERGY STAR**

(US Green Building Council Session)

Denver REI

February 1, 2010; 6:00pm- 8:00pm

Sponsored by Lightly Treading

*"This session will focus on what it takes to build a LEED Certified home. Whether you are interested in building a LEED Certified or Energy Star rated home, or just want to understand how to build an ultra efficient home, this session is for you."*

<https://www.usgbccolorado.org/metro/events-calendar.html>

### **Intro to Green Living in your Garden and Home**

Denver Botanic Gardens

March 30, 2010; 7:00pm- 8:30pm

Cost: \$15.00 (member) / \$20.00 (non member) / \$25.00 (member day of class) / \$30.00 (non member day of class)

*"Learn how green living will help you save money and reduce toxins in your home and garden. A comprehensive hand-out will outline the many green resources in the Denver area along with suggested "green" products to use or make yourself."*

<http://calendar.botanicgardens.org/show/detail/24190>

## **Green Careers, Education Opportunities and the New Energy Economy**

### **Green Building 101: Professional Development Training**

Brought to you by partnership of the BGBG and the City and County of Boulder

January 22, 2010; 8:30am- 5:00pm

Boulder County Clerk & Recorder: Houston Room, 1750 33rd Street, Boulder CO

Only 13 Seats Left!

Cost: See BGBG [website](#) for pricing details

*"Green Building 101 is a densely packed 8-hour primer on residential green building basics, and also teaches you how to meet the rigorous City of Boulder and Boulder County green building codes. This workshop is for builders, designers, realtors, green building professionals and homeowners of all levels of experience. It is especially useful for any project or professional that wants to take advantage of the Climatesmart loan program."*

<http://bgbg.org/calendar?eventId=110184&EventViewMode=2&CalendarViewType=1&SelectedDate=1/22/2010>

### **Webinar- Whole House Contracting: Business Development with Keith Williams**

February 10, 2010; 12:00pm- 1:30pm

Cost: \$49

CE Credits available see the link below for further details

*"Have you considered what additional services your home improvement business could offer that would add value to your customer's projects? This webinar will share insights into one of the mutually beneficial ways residential contractors are growing their business. Whole house contracting offers home improvement services that take a broader view of how a house functions and is maintained. This approach is a win/win service for contractors and homeowners alike. Selling whole house services creates an opportunity for contractors to increase their volume and profitability while reducing customer complaints and callbacks."*

<http://www.ecw.org/university/ecuevent.php?ecuid=290>

**Building Science Trainings:** Lightly Treading offers trainings to prepare you for BPI Building Analyst certification and RESNET certification. Upcoming class dates are: February 8<sup>th</sup>-12<sup>th</sup>. Visit [www.LightlyTreading.com](http://www.LightlyTreading.com) or email [AlexK@LightlyTreading.com](mailto:AlexK@LightlyTreading.com) for details.

Colorado State University's Institute for the Built Environment offers Green Certificate Programs taught by industry experts. Lightly Treading's Paul Kriescher serves as an adjunct professor for the institute.

[Green Building Certificate Program](#): March 4<sup>th</sup> – May 27<sup>th</sup>

[Green Homes Certificate Program](#): February 17<sup>th</sup>- May 5<sup>th</sup>

Lightly Treading is partnering with **Red Rocks Community College** in their Green Advantage Program. A program designed to help students move into green jobs. Contact Red Rocks admissions office for registration details 303-914-

6351.

## Resources

Alliance for Sustainable Colorado – [Sustainability Calendar of Events](#)

[Boulder Green Building Guild](#) (BGBG)

[Center for Resource Conservation](#) (CRC)

[Colorado Renewable Energy Society](#) (CRES)

## Don't Forget

Xcel Energy sponsored energy efficiency presentations are available for free to Xcel customers, groups of ten or more. Call LT to set one up. See Lightly Treading's [website](#) for a schedule of local presentations.

Thank you for being a part of our grassroots community.

Sincerely,

Paul Kriescher, Principal  
And the Staff of Lightly Treading

### **Lightly Treading, Inc.**

[www.LightlyTreading.com](http://www.LightlyTreading.com)

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